
This thought-provoking work provides clinicians with a detailed description of Voice Therapy, an innovative therapeutic procedure developed by Dr. Firestone that can be used to elicit and bring to the foreground negative thought patterns antithetical to the self and cynical toward others. Compelling case histories illustrate the core defense and its effect on patients' personality and behavior. The approach represents a comprehensive theory of resistance to any form of psychotherapeutic intervention.

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The Self Under Siege A Therapeutic Model for Differentiation, Robert W. Firestone, Lisa Firestone, Joyce Catlett, Sep 10, 2012, Psychology, 296 pages. How much of our identity or 'self' is truly representative of our own wants, needs, and goals in life and how much does it reflect the desires and priorities of someone else.

Counselling and therapy an introductory survey, Robert B. Burns, Robert Bruce Burns, 1983, Psychology, 280 pages.


Adult Art Psychotherapy Issues and Applications, Helen B. Landgarten, Darcy Lubbers, 1991,


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